

Willow Whispers

On to the second act...

Sometimes simple things spur complex thoughts. Anyone who's walked our grounds would agree that our bucolic environment breeds self-discovery. Each season has its unique beauty, but summer is my favorite time at Willow Valley — that's when the water lilies bloom. Their emerald leaves reach the top of our pond in May. Atop these glossy green pads, fat feisty flowers with outstretched petals bloom. As I walk by, I want to pick them. There's something magical about a flower with the gumption to float on water.

I wonder if these flamboyant floaters are to remind us humans to flourish. Willow Valley provides a multi-dimensional environment where you can either immerse yourself in activities or be self-reflective and achieve quiet growth. Yes, there's a plethora of things to do around Willow Valley and the Lancaster area, but it's the quiet times of reflection that encourage an individual's genuine voice.

Surprisingly, most people's limitations on personal development are attitude, not age. Giving yourself permission to live a truly authentic life is your own best gift. Willow Valley serves as a springboard for the next chapter of your life with plenty of opportunities to discover your muse.

Moving to Willow Valley may shift your perspective. One day, you realize that you're living from an entirely different outlook. You discover how much power you have and how miraculously fulfilling this journey can be. That's reinvention at its best and that's what Willow Valley is all about. Nurturing mind, body and spirit on all levels, at any age.

Rosanne

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