

## Spa Retreat Packages

Accommodations are based on the package selected. Please book in advance to ensure the availability best suited to your needs. Call (717) 464-6873 to schedule an appointment.

### Package #1 "Simple Pleasures"

Enjoy a one-hour Massage, Spa Facial and a Manicure or Pedicure. Lunch is provided.

3-hour Manicure Package.....\$150

3.5-hour Pedicure Package.....\$165

### Package #2 "Shopper's Revitalization"

Enjoy a Back, Neck and Shoulder massage as well as Foot Reflexology.

1-hour Package.....\$80

### Package #3 "Mini Spa Day"

A Mini-Facial, a half-hour Massage and a Spa Manicure or Pedicure will leave you refreshed.

2-hour Manicure Package.....\$110

2-hour Pedicure Package.....\$124

### Package #4 "The Gentleman's Escape"

This luxurious Men's package includes a one-hour Massage, Fitness Facial, Manicure or Pedicure and lunch from The Vitality Café.

2.5-hour Manicure Package....\$148

3-hour Pedicure Package.....\$162

*\*A healthy snack is served with packages of 2-3 hours. Lunch is served with packages of 3 or more hours.*

# Gift Certificates

AVAILABLE

Gift certificates are perfect for everyone!



## Planning Your Visit

### For Your Comfort

Please advise our staff of any medical conditions and/or prescription medications you are taking as some services may be contraindicated based on your medical conditions.

In keeping with our commitment to cleanliness, safety and hygiene, we sterilize and sanitize equipment for all services and treatments.

### Reservations

A credit card number is required for reservations. We accept MasterCard and Visa.

### Cancellation Policy

Your spa appointment is reserved exclusively for you. As a courtesy to our other guests, we kindly request 24-hours notice when canceling an appointment, otherwise you will be charged for the service.

### Directions:

The Day Spa at Willow Valley Retirement Communities is conveniently located on the lower level of the Cultural Center. Check out our website or call for directions.

### Cultural Center-Vitality Level

900 Willow Valley Lakes Drive

Willow Street, PA 17584

(717) 464-6873

[www.WillowValleyRetirement.com](http://www.WillowValleyRetirement.com)



# The DAY-SPA at Willow Valley



## Welcome

*The Day Spa at Willow Valley — it's the perfect addition to any day. Whether to soothe, calm, invigorate or renew, you'll be pampered in just the way you deserve, and in just the way you choose.*

*Create your own regimen for personal well-being and beauty with our luxurious array of professional services, all performed by our attentive, welcoming staff.*

*Feeling your best...looking your best... being your best. That's what The Day Spa at Willow Valley is all about.*

# Relax Unwind Enjoy





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## Men's Services

### Fitness Facial

Designed especially for the specialized needs of men's skin. This soothing, deep-cleansing facial rejuvenates and balances the skin.

60-minute session.....\$65

### Therapeutic Massage

A soothing treatment designed to promote relaxation, improve circulation, relieve muscle tension, and reduce stress.

30-minute Massage.....\$40

60-minute Massage.....\$65

### Basics for Men

Manicure.....\$18

Pedicure.....\$32

Spa Manicure.....\$28

Spa Pedicure.....\$42

Back Waxing.....starting at \$25

Brow Wax and Shape.....\$5

### Hours by Appointment

*Monday – Wednesday* 8:30 a.m. to 4:30 p.m.

*Thursday:* Open until 7:00 p.m. by appointment

*Friday:* 8:30 a.m. to 4:00 p.m.

*Saturday:* 8:30 a.m. to 2:00 p.m.

*Phone:* (717) 464-6873

### Scheduling Appointments

Please arrive 15 minutes before your appointment to ensure that you receive your full service.

We recommend that you schedule your next visit before leaving the spa to ensure that you get an appointment for the day and time that suits you.

## Body Treatment

### Aromatherapy Massage & Wrap

Aromatic oil blends penetrate your skin while you relax in a heated blanket.

60-minute session.....\$80

### Sea Salt Glow

This stimulating exfoliation treatment is followed by a relaxing massage.

60-minute session.....\$80

### Seaweed Wrap

A wrap that hydrates your body while restoring cellular balance.

60-minute session.....\$80

### Sea of Life Mud Wrap

Enjoy a warm Sea of Life Mud Body Mask which detoxifies and remineralizes the body....\$72

## Massage Therapy

### Therapeutic Massage

A Custom Massage is great for stress and pain management.

30-minute Massage.....\$40

60-minute Massage.....\$65

### Hand or Foot Reflexology Massage

Firm, even pressure is applied to the feet or hands reducing stress and restoring balance to the body.

30-minute Massage.....\$40

### Hot Stone Massage

Smooth, heated stones warm muscles and joints, creating a deeper state of relaxation.

60-minute Massage.....\$72

## Manicure & Pedicure

### Spa Manicure

The ultimate in hand pampering. Arm and hand scrub followed by a soothing massage.

Spa Manicure.....\$30

Regular Manicure.....\$20

Polish Change.....\$8

Addition of French Polish.....\$5

Paraffin Hand Dip.....\$16

Cut Nails Only.....\$13

Add Paraffin to any Nail Service..\$10

### Spa Pedicure

The ultimate in foot care. Soak and exfoliate with our sea salt scrub. A leg and foot moisturizing mask followed by a relaxing massage.

Spa Pedicure.....\$44

Regular Pedicure.....\$35

Paraffin Foot Dip.....\$16

### Waxing Services

Eyebrows.....\$10

Eyebrow Tinting.....\$20

Eyelash Tinting.....\$20

Upper Lip.....\$8

Chin.....starting at \$6

Forearms.....\$20

Underarms.....\$20

Bikini Line.....\$25

Lower Leg.....\$30

Full Leg.....\$50

### Tanning Services

Airbrush Tanning.....starting at \$5

Full Body Tanning.....\$25

## Professional Skin Care and Revitalizing Peels

### Spa Facial

Experience the rejuvenating effects of deep pore cleansing and exfoliation. Relax with a scalp, face, neck, upper back and décolleté massage, followed by a nourishing serum and mask to balance your skin. A refreshing massage of the arms, hands and feet is included.

60-minute session ..... \$65

### Glycolic Treatment

This non-aggressive exfoliation of dead skin cells renews texture and clarity. Safe for all skin types.

30-minute session ..... \$40

### Glycolic Treatment with Spa Facial

This package combines the two treatments mentioned above.

60-minute session ..... \$80

### Mini Facial

This treatment includes a cleansing, exfoliation and mask for the face as well as a massage of the upper back and neck.

30-minute session ..... \$40

### Deep Cleansing Back Treatment

Treat yourself to a thorough cleansing and exfoliation of your back with extraction (if needed). The treatment ends with a relaxing back massage.

30-minute session ..... \$40

